

Talking about Emotions (Feelings)

How are you? How do you feel? What's wrong? (if negative)

happy	glad	<i>elated</i>	<i>thrilled</i>	delighted	pleased
sad	<i>depressed</i>	melancholy	blue		
angry	mad	<i>furious</i>	pissed off(not polite)		<i>irate</i>
hungry	<i>starving</i>	<i>famished</i>	<i>ravenous</i>		
nervous	anxious	worried			
scared	<i>terrified</i>	afraid	frightened		
tired	<i>exhausted</i>	drowsy	sleepy		
stressed out	worn out	burned out			
sick	ill	under the weather			
confused	puzzled	perplexed			
good	great	<i>awesome</i>	<i>wonderful</i>	<i>excellent</i>	<i>marvelous</i>
bad	awful	<i>terrible</i>	lousy	<i>miserable</i>	

*Words in italics have a stronger meaning than the bold word.
For example, terrified means very scared.*